If you have received this newsletter then I have you on my mailing list. If you would prefer to not be then please just drop me a line with "Unsubscribe" in the subject header and I will take you off the list. Conversely, if you know of anybody who would be interested in receiving the newsletter, please forward it to them and perhaps copy me in so that I can put them on to my list.

In this newsletter, I will give you some more details about the upcoming "Tai Chi Upgrade Course" and some updates on other Ki-Ways courses. Keep going to the end though because my girlfriend Tracy has started trading from a new marketplace called "Etsy". To celebrate this she is offering a 10% discount for all Ki-Ways newsletter recipients as long as you place your order before the end of March. Everybody needs sparkle in their lives – treat yourself or your loved ones with her amazing jewellery.

The Tai Chi Upgrade Course

The Tai Chi Upgrade Course is going ahead on Sunday 11th March. I am very much looking forward to it and feel that I have put a very interesting programme together. Included within the course price is a comprehensive information pack to help you remember what we have done in the day. The flavour of the course is to teach you how to connect your Tai Chi training with the style of training that suits you the best. Whilst there are common requirements for everybody who enjoys practicing Tai Chi, the way that we can best meet the requirements can be highly individual.

I have included a guarantee and offer for the course, please see below:-

- <u>The Guarantee</u> The guarantee is that if you do not feel that your Tai chi has been "upgraded", let me know and I will offer you a no quibble refund
- <u>The Offer</u> If you register for the course and bring a friend (or friends), I will give you a 15% discount off your ticket price for each friend that you bring.

Because Of Annie

As well as the the bespoke website (www.becauseofannie.co.uk) and the Facebook business page (www.facebook.com/becauseofannie), Because of Annie now has a 'shop' on Etsy, "the world's most vibrant handmade marketplace!" too. Tracy is making and adding new pieces all the time - visit http://www.etsy.com/shop/BecauseofAnnie to see the latest creations.

Let me know if you have any thoughts, ideas or requests.

I would be happy to try and accommodate you with anything that you may need.
Until we need next time,
HAVE FUN!
Kind regards
Ray

Ray Pawlett Ki-Ways <u>www.ki-ways.com</u>